



YOGA BODHI

Drop-in class
 Course - Please contact us to book
 *8 class passes used subject to space

Studio 1, 8a Bartlett Street, Bath BA1 2QZ
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From Wed 4th Jan 2012 to Wed 4th April 2012		TIME	LEVEL	TEACHER
MONDAY	£7	10.00am - 11.15am	Yoga Flow - All levels Community class	Pam
		11.30am - 12.45pm	Baby Massage: 6wks	Lindsay
	6.15pm - 7.30pm	Hatha Yoga - All levels	Eve	
	7.30pm - 9.00pm	Vinyasa Flow Yoga Level 1	Harriet	
TUESDAY	£45	10.00am - 11.15am	Anusara Inspired Flow Yoga - All levels	Simona
		12.00pm - 1.15pm	Beginners/ Post-beginners: 5wks	Liz
	6.00pm - 7.15pm	Anusara Inspired Flow Yoga - Level 1/2	Simona	
	7.30pm - 9.00pm	Anusara Inspired Flow Yoga - Level 2/3	Simona	
WEDNESDAY	£7	10.00am - 11.15am	Hatha Flow Yoga All levels	Simona
		£35	11.30am - 12.45pm	Yoga for People Living with Cancer - All levels (Drop-in/6wk course)
	1.15pm - 2.15pm	Lunchtime Flow Yoga All levels	Jennie	
	6.00pm - 7.15pm	Anusara Inspired Flow Yoga - Level 1	Simona	
THURSDAY	£7	7.30pm - 9.00pm	Pregnancy Yoga: 8wks	Sushi
		Morning slot	Private clients	Various
	12.00pm - 1.15pm	Dynamic Vinyasa Flow Yoga - All levels	Angela	
	6.00pm - 7.15pm	Beginners/ Post-beginners: 6wks	Kamala	
FRIDAY	£5	7.30pm - 9.00pm	Pregnancy Yoga: 8wks	Harriet
		9.45am - 11.00am	Gentle Yoga - All levels	Simona
	11.30am - 12.45pm	Mum & Baby Yoga: 6wks	Simona	
	1.15pm - 2.15pm	Vinyasa Flow Yoga All Levels	Jennie	
SATURDAY	£5	7.00pm - 8.45pm	Chanting - 2nd Friday of each month, please check website for details and changes	Tim Chalice
		10.30am - 12.00pm	Anusara Inspired Flow Yoga - Level 1/2	Simona
SUNDAY		10.00am - 11.30am	Morning Flow Yoga All Levels	Judi